

# NEWBRIDGE SURGERY

129 NEWBRIDGE HILL · BATH · BA1 3PT

## AUTUMN NEWSLETTER



GOING GREEN



As a practice we feel it is very important to operate in a sustainable way which considers our impact on the environment. We are working towards our Green Impact Bronze Award and would like patients to be involved.

Did you know you can recycle your respiratory inhalers through the Complete the Cycle scheme? All Boots pharmacies participate.

Have you given us your mobile number or email address? Every year we send thousands of letters that could be replaced with a text message or email.

Can you walk to your appointment? This will free our car park for the frail elderly and disabled who need it the most.

### Meet our Nursing Team



**Jo Wilson.** Many of you will have been seeing Jo for many years for your chronic disease care but as a Nurse Practitioner she can also diagnose prescribe and refer and has recently undertaken a course in complexities of care in older people.



**Liliana Barnard.** As an Advanced Nurse Practitioner Liliana can prescribe and refer, she has specialist knowledge in paediatrics (children) and emergency care so is well placed for dealing with new acute problems.



**Dawn Havron.** As our lead nurse and independent prescriber, Dawn can take care of all your chronic disease needs and immunisations. She also covers the treatment room for dressings and smears.



**Jo Kingston.** Jo has joined us from a background in child nursing and will be joining Dawn in the baby immunisation clinics, she also covers treatment room duties including dressings and smears.



**Kay Baker.** As an experienced Healthcare Assistant Kay can take blood pressure readings, give injections, take blood, syringe ears and see you for your NHS Healthcheck or chaperone a procedure with a GP or nurse.



**Ursula Roberts.** Along with other Healthcare Assistant duties (above) Ursula also sees patients for dressings.



**Caitlin Ashman.** When not performing secretarial duties for the GPs, Caitlin takes blood and ECG readings and is training in other healthcare including blood pressure readings.



Happy Birthday

Do you attend the surgery for blood tests, asthma or diabetes reviews and medication reviews?

We are planning on moving to a system where your **reviews are all coordinated to the month of your birth**. This will help you to remember when your review is due and reduce the likelihood of you having to attend for multiple tests that can be coordinated into one appointment.

This will take a lot of coordination and work so will not necessarily be in place by your next birthday and at first may mean you are called slightly earlier or later than normal in order to get dates aligned.

We are hoping to get started with a project funded by the Diabetes Transformation fund and hope to start aligning our diabetic recalls to birth month in the New Year.



Come and meet **Dr Lawrie Frere** and our Patient Services Manager, **Ruth Elms** to find out more about how you can get involved with the surgery through our patient participation group.

**Please drop in between 10.30am – 12.00pm  
Thursday 20<sup>th</sup> December**

We look forward to seeing you there.



*(There may even be mince pies!)*



**Calling all green  
fingers!**

Do you have an interest in gardening?

Would you consider helping us set up a gardening group at the surgery?

We have a lovely space around the building which we feel could be put to better use, but need enthusiastic volunteers!

Please contact Ruth Elms for details.

### THANK YOU!

Thank you for taking the time to contact us and let us know that you no longer need an appointment. As you can see we are losing less and less appointments.

You can check and cancel appointments using our automated telephone service, online (if signed up) or by ringing reception.

