

# NEWBRIDGE SURGERY

129 NEWBRIDGE HILL · BATH · BA1 3PT

## SUMMER NEWSLETTER

### Dr Susan Cooper

In March 2019 Dr Cooper will have been at Newbridge Surgery for 30 years. After so long, it felt the right time to announce her retirement from the partnership for the end of August 2018. Dr Cooper will however be remaining with us as an assistant working two shorter days. Dr Cooper will continue to be a GP trainer, fit coils and implants, do joint injections and minor surgery from October.



### Dr Kathryn Boyd



Having joined us in 2015 as a GP Registrar, Dr Boyd joined the surgery as an assistant GP after her qualification in 2016. Dr Boyd joined the partnership in July 2018 and looks forward to helping shape the surgery alongside Dr Brooks and Dr Frere. She has special interest in sexual health and contraception and fits coils and implants.

### CAR PARK

The car park is **STRICTLY FOR PATIENT USE** while attending an appointment.

Parking in the car park for the school run or whilst attending other local venues causes patients to be unable to park which makes them late for their appointment, which in turn causes difficulties for our clinicians.



### Prescription of Bath & Shower Emollients



A recent trial found there was no evidence of clinical benefit from including emollient bath additives in the management of eczema in children. BaNES CCG has therefore decided that emollients should no longer be prescribed for new patients and existing patients should be reviewed and if appropriate stopped.

**Self-Care** - Dissolve 1 to 2 tablespoons of any emollient (except the product WSP:LP 50:50) in some hot water and add to the bath water as a bath additive. You can also use their moisturiser as a skin cleanser or soap substitute. Please be aware of the possible risk of slippery surfaces when using these products in the bath or shower.

*The CCG is producing a leaflet which will be available on our website in due course.*



## Have you seen our owl?

Many of you may be enjoying finding Minerva's Owls around our beautiful city. Newbridge Surgery is a proud member of the Minerva Health Group, a federation of local GP practices (Newbridge Surgery, Rush Hill & Weston, Combe Down, St Michaels and Grosvenor), who coincidentally chose the name and owl symbol before Minerva's Owls of Bath was launched.

### But who is Minerva?

Minerva, whose animal symbol was the owl of wisdom was the Roman goddess of wisdom, healing and the arts.

The Roman Baths Temple, built in the 1st century AD, was dedicated to the Roman goddess Minerva. If you visit the Roman Baths you can see a carving of Minerva's Owl on the temple ruins alongside the famous Sulis head.

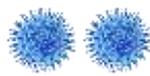
The Minerva owl is thought to have been a Little Owl, one of the smallest and most charismatic of the species.

With our links to Bath and healing we felt that Minerva Health Group was a name we could be proud of. We look forward to bringing you more news as our federation develops.

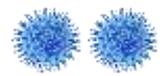


### Ear Care

We understand that a build-up of ear wax can cause significant difficulties. Ear irrigation carries risks and in a lot of circumstances is not required as ear wax can be self-managed by regular oiling. If you have difficulties with ear wax please download our leaflet from our website or ask at reception. Please note our healthcare assistants will only irrigate (syringe) wax away if you have been unsuccessful with self-management and have had your ears checked by a nurse or GP.



### Flu Immunisation is Changing



If you are **over 65 years**, you will receive a different flu vaccination this year. Following advice from NHS England we will be stocking the aTIV vaccine.

This is the Adjuvanted Trivalent vaccination and has been especially developed to provide **more effective immunisation to the older population**.

Although this vaccine has been around for many, many years this is the first time it has been available in the UK. We are very pleased to be able to offer this new and improved vaccine for our patients, however along with all other healthcare providers we will be receiving our vaccines between September and November. We will therefore recall those at greater risk earlier.

Please bear with us if you have not received your usual invite in September. We will ensure all patients receive their vaccination before the flu season starts, which is usually in December.

If you are under 65 and in one of the 'at risk groups' the vaccination is unchanged.